

empanadas ▼

WHEAT FLOUR EMPANADAS

JERK N CHEESE Jerk marinated chicken with swiss cheese.

KOREAN BEEF Soy sauce-braised beef, carrots, bean sprouts, spring onion. Spiced with clove & star anise.

EL BANDITO Traditional mole' (bitter chocolate & coffee) braised beef, black beans, cheddar cheese.

DESAYUNO COLOMBIANO Colombian pork sausage, cheddar cheese, eggs and Spanish onion

DESAYUNO AMERICANO top round steak, cheddar cheese, eggs and Spanish onion with a Latin twist

HUEVOS PERICOS tomatoes, eggs and scallion

BRASIL traditional Brazilian style empanada with ground beef, olives, sautéed onions and potatoes

SPICY CHICKEN chunks of chicken breast slowly cooked in mama's special picante sauce

REGGAETON Caribbean style roasted pork with sofrito seasoned yellow rice and gandules (pigeon peas)

CHEESE STEAK top round steak strip with mozzarella, red pepper, Spanish onion and a Latin twist

VIAGRA mama's seafood stew with shrimps, scallops and crab meat

MAMBO ITALIANO roasted Italian sweet pork sausage with red and green peppers, onions, mozzarella cheese and a touch of tomato sauce

AMERICANO juicy beef hot dog with cheddar cheese

SHREDDED BEEF with onions, slowly cooked beef marinated in traditional Colombian spices

BEEF & BROCCOLI TERIYAKI top round steak strips sautéed with a teriyaki sauce and broccoli

SHREDDED CHICKEN all-white chicken breast slowly cooked with sofrito sauce

CHEESE simple and delicious stuffed with mozzarella cheese

HAM AND CHEESE mama's ham and cheese melt

CHICKEN & BROCCOLI TERIYAKI pieces of chicken breast sautéed with a teriyaki sauce and broccoli

HAWAIIAN pieces of ham with sautéed pineapples and mozzarella cheese

CHEESEBURGER ground beef cooked in traditional Latin spices with cheddar cheese

CUBAN slow roasted pork shoulder, ham with mozzarella cheese and sofrito sauce

PERNIL marinated pork slowly roasted to perfection

EL RUBÉN mama's take on a New York Classic. shredded beef, sauerkraut, Russian dressing, swiss cheese, caraway seeds

TJC mama's tuna melt with cheddar cheese and jalapeños

POLISH Polish sausage (kielbasa) sautéed with sauerkraut

PIZZA classic tomato sauce and cheese

PEPPERONI PIZZA slices of pepperoni with tomato sauce and cheese

SPINACH & CHEESE mozzarella with sautéed spinach

Nov-2015

Regular Size Empanadas	Orders of 10 each (minimum)	Mini Size Empanadas	Orders of 15 each (minimum)
	Wheat flour \$30.00		Wheat flour \$38.00
	Corn flour \$30.00		Corn flour \$38.00
	Wheat flour oven baked \$30.00		Wheat flour oven baked \$38.00
	Wheat flour dessert \$32.00		Wheat flour dessert \$40.00

OVEN BAKED wheat flour empanadas

GROUND BEEF
ground beef sautéed with onions,
Latin herbs and spices

SHREDDED CHICKEN
sautéed chicken with sofrito sauce
and red peppers

MUSHROOMS sautéed Portobello
and white mushrooms with onions

GREEK SPINACH PIE
classic Greek style empanada with
spinach and feta cheese

GREEK SAUSAGE PIE
Greek pork sausage in traditional
Mediterranean spices

CORN FLOUR EMPANADAS

VIAGRA CORN FLOUR
mama's seafood stew with fresh shrimp
scallops and crab meat

GROUND BEEF
traditional Colombian style ground beef

CHORIZO ground pork sausage with
classic Latin herbs and spices

SHREDDED CHICKEN traditional
Colombian style chicken w/ peas & carrots

VEGGIE steamed potatoes, carrots,
string beans, and lima beans

CHEESE a Colombian classic corn
empanada stuffed with mozzarella

BROCCOLI AND CHEESE
mozzarella cheese and sautéed broccoli

RICE AND BEANS
white rice and red beans

CHILI AND BEEF slowly cooked ground
beef with Latin style spices and chili peppers

DESSERT WHEAT FLOUR EMPANADAS

ROMEO AND JULIET guava with mozzarella cheese

BELGIAN MILK CHOCOLATE AND BANANA

FIGS, CARAMEL AND CHEESE

SWEET PLANTAINS AND CHEESE
mashed sweet plantains with mozzarella cheese

U.S.A. apples and cinnamon

ELVIS peanut butter and bananas

CARAMEL AND CHEESE

BELGIAN MILK CHOCOLATE

*Who's Your
mama?*

www.empmamanyc.com

www.mendezprinting.com

mama does catering



www.empmamanyc.com

all major credit cards accepted. corporate accounts are welcome

We are D.O.E. vendors

empanada mama empanada mama

L.E.S.

H.K.

95 Allen Street
btwn Broome & Delancey
New York, NY 10002

212 673-0300

Catering Line / Reservations
646 928-2907

fax: 212-673-0311

We are open and deliver 24
hours a day!!!

(Delivery fee will be added to
orders out of our delivery range)

765 9th Avenue
btwn 51st and 52nd street
New York, NY 10019

212 698-9008

212 698-9007

Catering Line **212 698-9168**

fax: 212 698-9150

We are open and deliver 24
hours a day!!!

(Delivery fee will be added to
orders out of our delivery range)

all natural and fresh home cooking with zero trans fats

GIFT CERTIFICATES AVAILABLE

Color Guide and Serving Size Chart

name	color	servicing size
half tray		approx. 10 servings
full tray		approx. 20 servings

Great food for lunch,
dinner, and special events.
Please place catering
orders at least two days
before the event.

To place a catering order, you can:

a - Call and ask to speak to the catering team.

b - Go online to our website at www.empmamanyc.com. Delivery range restrictions,
fees and rules will be applied.

Follow us on

Upon request, changes can be made to our recipes in order to accommodate our customer. Some additions may
result in a higher cost, and no price changes will occur upon removal of any ingredients.

Please provide 24-hour notice if you must cancel your order. Since our product is fresh, perishable and made to
order, cancellations within a 24-hour notice period (to the date of delivery or pick up) will incur a full charge.

First time customers will be requested a credit card number for confirmation purposes only.

Note: 10% service charge will be added to delivery orders over \$150. 5% service charge will be added to pick up orders over \$150.

CHICKEN SALAD prepared with cooked chicken, peas, carrot, onion, parsley, mayonnaise dressing and served with tostones

81 144

TOSTONES fried green plantains with garlic puree

62 105

YUCA FRIES served with guacamole sauce

62 105

YELLOW RICE

43 58

WHITE RICE

43 58

RED BEANS

46 62

BLACK BEANS

46 62

GUACAMOLE WITH PLANTAIN CHIPS Reg / Mild / Hot

45

MADUROS fried sweet plantains

52 88

COLOMBIAN SAUSAGE served with arepas (corn flour griddle cakes)

57 93

HOME MADE CASSAVA mashed yuca dough stuffed w/ ground beef or oven roasted pork 10pcs

45

CHICHARONES fried fresh pork belly served with tostones

68 129

appetizers ▲

PERSEPHONE SALAD arugula, watercress, chicory and romaine, red onion, grapes, toasted walnuts, olive oil and red wine vinegar

70 116

AVOCADO SALAD avocado, cucumbers, tomatoes, romaine & iceberg lettuces, cilantro, scallions with either cumin dressing or a mustard vinaigrette (by request)

70 116

CAESAR SALAD romaine lettuce, Parmesan cheese, croutons, and caesar dressing

70 116

GREEK SALAD romaine lettuce, tomatoes, cucumbers, Kalamata olives, red onion, imported feta cheese, oregano with house vinaigrette

70 116

PORTOBELLA SALAD Field mushroom, spinach, watercress, jalapeño and red onion, Blue-cheese, cumin and burned jalapeño dressing

70 116

COCO SALAD Avocado, cherry tomatoes, scallions, romaine lettuce, crispy plantain chips, served with a coconut lime dressing

70 116

ADD GRILLED CHICKEN

50 75

ADD GRILLED SKIRT STEAK

65 100

ADD GRILLED SIRLOIN STEAK

65 100

▲ salads

Breakfast ▼

Mama's french toast sweet bread topped with maduros, walnuts & chocolate shavings

90 160

9th Ave Breakfast scrambled eggs with melted cheddar cheese. Served with grilled hot dogs and our delicious home fries

85 150

TYPICAL Colombian Breakfast Scrambled eggs with tomatoes and scallions served with white rice mixed with red beans and arepa

65 110

Add grilled Colombian sausage

35 65

Add grilled Chicken

50 75

Add grilled Skirt steak

65 100

Add grilled Sirloin steak

65 100

Sandwiches ▼

MAMA'S CUBAN SANDWICH

slow roasted pork shoulder, ham, mozzarella, Swiss cheese, sofrito sauce, pickles, dijon mustard, mayo and mama's green sauce on a baguette

60 110

CHORI PAN

Grilled Colombian pork sausage with beer-battered onion rings, chimichuri sauce on a toasted baguette

50 90

• COMES WITH POTATO CHIPS

cold homemade beverages

(serves 8 people / 12oz cups)

96oz containers / insulates up to 3 hours

Unsweetened, by request

ICED TEA with honey & lemon 26.00

UNSWEETENED ICED TEA with lemon 26.00

LEMONADE 26.00

MINT LEMONADE 29.00

CHERRY LEMONADE 29.00

WATERMELON LEMONADE 29.00

NATURAL FRUIT SHAKES 37.00

(available in milk or water)

Banana / Blackberry

Green Orange / Guava

Mango / Papaya

Passion Fruit / Pineapple / Soursoop

Strawberry / Vanilla / Avocado

add ice cream to your natural fruit shake - \$9.00

FRESH SQUEEZED ORANGE JUICE 39.00

◀ drinks

New!! 12 House Red Wine To Go.. (6oz) \$70.00

hot homemade beverages

(serves 8 people / 12oz cups)

96oz containers / insulates up to 3 hours

REGULAR COFFEE 24.00

COLOMBIAN HOT CHOCOLATE 33.00

HOT TEA 22.00

(green tea / tifton / cinnamon apple / raspberry

earl grey / chamomile / lemon ginger)

HOMEMADE APPLE CIDER 29.00

with cloves and cinnamon stick

entrée ▼

PERNIL SIN HUESO Homemade Latin style oven roasted boneless pork butt (Serves 15 People) 2 days advance notice required

164

PERNIL CON HUESO Homemade Latin style oven roasted bone-in pork butt (Serves 30 People) 2 days advance notice required

243

ARROZ CON CAMARONES A LA COLOMBIANA

Colombian style shrimp mixed with sofrito sauce, seasoned yellow rice, peas, onions and carrots

138 238

ARROZ CON POLLO A LA COLOMBIANA Colombian style boneless chicken mixed with sofrito sauce, seasoned yellow rice, peas, onions and red peppers. Served with maduros (fried sweet plantains)

112 195

VEGETARIAN PASTELON Caribbean style vegetarian lasagna made with fried sweet plantains, carrots, corn, green beans, peas and lima beans (2 days advance notice required)

90 153

POLLO GUISADO Latin style chicken stew cooked slowly in sofrito sauce, yellow peppers, potato garlic. Served with white or yellow rice

101 174

GRILLED CHICKEN Marinated chicken breast seasoned with traditional Latin herbs & spices. Grilled to perfection. Served with white or yellow rice, black or red beans, house salad and chimichurri sauce

125 205

GRILLED SIRLOIN STEAK Grilled sirloin, marinated with traditional Latin herbs and spices. Served with white or yellow rice, black or red beans, house salad and chimichurri sauce

165 285

GRILLED SKIRT STEAK Grilled skirt steak marinated with traditional herbs and spices. Served with white or yellow rice, black or red beans, house salad and chimichurri sauce

165 285

CARNE SUDADA Braised Skirt steak slowly cooked with tomatoes, red peppers, onions and Colombian spices. Served with white or yellow rice, pico de gallo, yuca and potatoes 2 days advance notice required

133 217

BANDEJA PAISA Grilled skirt steak cooked with traditional Latin herbs; served with a side of white or yellow rice, black or red beans, avocado, sweet plantains, egg and chicharron (Colombian style fried pork rind)

125 205

Who's Your mama?

www.empmamanyc.com

▼ dessert

FRESH FRUIT PLATTER Watermelon, apples, oranges and grapes

61 98

RICE PUDDING traditional colombian rice pudding

51 72

FLAN traditional Colombian style flan

56 82